



RCBM *Newsletter*

January 2022



CLUB NO. 50743 DISTRICT 3860

**OPLAN R.E.L.I.E.F
(RECOVERY FOR LIVABLE
COMMUNITIES AND
ENHANCED FUTURE)
• WAVE 5 & 6**

STRONGER @ 25:
"Sharing Love and Touching Lives"

**MEETS EVERY 2ND AND 4TH
TUESDAY OF THE MONTH**

CEBU PARKLANE INTERNATIONAL HOTEL | ZOOM MEETING

12 NN | 8 PM

Thanks to you, we keep getting better

Last year, Security Bank was named The Strongest Bank by the Asian Banker. This year, we're honored to continue to be recognized for our BetterBanking service by Asiamoney (Best Bank for High Net Worth Clients), Alpha Southeast Asia (Best Retail Bank in the Philippines) and Euromoney (Best Bank in the Philippines).

We continue to invest in what matters to you as we keep getting better together.

Learn more at www.securitybank.com



Best Bank in the Philippines for 2021
Euromoney



Best Retail Bank in the Philippines for 2021
Alpha Southeast Asia



Best High Net Worth Bank for 2021
Asiamoney

Security Bank Corporation is regulated by the Bangko Sentral ng Pilipinas
(+632) 8708-7087 | consumeraffairs@bsp.gov.ph

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CLUB OFFICERS AND DIRECTORS

RY 2021-2022



MARY CHRISTINE L. CHUA
President



AR. CHEMA MARIE D. PALES
Secretary / President Nominee



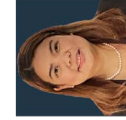
EMMANUEL M. HERNANDEZ
President Elect / Youth Director



AR. MICHAEL ANGELO A. ENAD
Treasurer



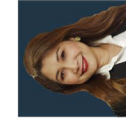
ATTY. RICO V. TAUTHO
Auditor



MAE FLORENCE B. PEPINO
Public Relation Officer



AR. JASPER M. MAMAC
Sgr. at Arms



ESTELA T. SIBON
The Rotary Foundation Chair



ANTON AARON V. MANSUETO
Membership Director



AR. AMIEE ANN G. COMALING
Public Image Director



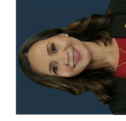
PABLITO F. AQUINO
Community Service Director



RICARDO R. BALLESTEROS
International Service Director



MA. CHONITA R. CEJAS
Global Grant Director



HANNAH R. CADAVERO
Club Admin Officer



ATTY. NEL S. EDIZA
Club Internet & Communication Officer



ENGR. JOSELO B. CIMAFRANGA
Immediate Past President

PRESIDENT'S MESSAGE

To my fellow Rotarians,

A Happy, joyful, and blessed New Year to us all!

I funnily remember misspelling “pandemic” to “pandemix” in one of my text messages to my friend. And true enough, December indeed had been a month of pandemix madness, with COVID-19 Delta and Omicron variants and typhoon Odette rolled into one! The weeks after Odette wreaked havoc in

Cebu had truly been very hard. I could still clearly remember how people struggled just to live day by day, including the search for food and water. However, we, the Rotary Club of Banilad Metro, remained unfazed in its mission to Serve To Change Lives in the communities we are in touch with.

Here are the service activities we have done for December 2021:

On **December 4**, we proceeded with the second wave of our Project DAKILA, this time with the Reavo Cebu Chapter. We donated oxygen masks for neonatal, pedia and adult uses, pillows, vitamins, and antibiotics to better serve the emergency response in Cebu.

On **December 14**, we had a Toy Drive and Jollibee lunch party at Barangay Ermita for the street children, in partnership with MERCY Worldwide. We had games, prizes, and gifts given to these street children to demonstrate to them the true meaning of Christmas, that is, selflessness,

generosity and giving.

Last **December 16**, our Interact Club, the Interact Club of Banilad Metro - Science High Cebu held the Handog sa Kapaskuhan for the Missionary of Charity for the benefit of malnourished children in Pasil, Cebu City. We gave personalized gifts to each malnourished child ranging 1 to 8 years old with matching dedication from each student who prepared the gifts. We also gave Christmas gifts to the foundation (to support the basic needs of its beneficiaries, such rice, canned goods, milk, and others) and its volunteer Sisters and helpers.

Despite the difficulties and challenges brought about by the typhoon Odette, our Club's service to the community remained relentless. After the initial devastation, we activated our **OPLAN R.E.L.I.E.F (Recovery for Livable Communities and Enhanced Future)** in different waves.

Its first wave (**WAVE 1**) was implemented on **December 19** at Palmas Verdes Chapel, Tabok, Mandaue where we turned over relief donations to 100 families who were typhoon evacuees. December 22 was likewise spent repacking relief goods at Sundance Court for another 200 victims of typhoon Odette, with the support of the Rotary Club of Manila Magic of District 3810, for which our Club is truly grateful.

In partnership with Rotary Club of Manila Magic and with the able help of our Club's Rotaractors, we held OPLAN R.E.L.I.E.F Waves 2 and 3. **WAVE 2**, which we held on **December 23**, happened at Purok Lower 3, Camputhaw. We distributed relief goods to additional 100 families who unfortunately lost their houses and who were lining up for drinking and tap water since wee hours of the morning. The day after, or on December 24, we also held

WAVE 3, at Kintolimbo, Sacred Heart Hills, Capitol. On the same day (i.e., December 24), we also fed

another 140 street children with Bacolod Chicken Inasal spearheaded by our newest Rotarian, Mandy Medel.

On Christmas Day (December 25), we implemented **WAVE 5** of our Oplan R.E.L.I.E.F. where we distributed relief goods at Barangay Punta Princesa.

In gratitude to our heroes, that is, the employees who tirelessly worked round-the-clock to expedite the restoration of our utilities and the public order in our city, we decided to give back and distributed vegan chicken porridge last December 30 for the 375 linemen from Visayan Electric Co. (VEC), PLDT, Globe and Smart, garbage collectors, water service worker, and CITOM traffic enforcers beside Sunstar Cebu, Brgys. Lahug, Busay, and M.Velez, Guadalupe. This was spearheaded by Rotarian Vladimir Roy in partnership with Guia Simply Nature.

Our Club celebrated the beginning of the new year with OPLAN R.E.L.I.E.F

Waves 7 and 8 of our relief efforts. **WAVE 7** was done at Sitio Fatima, Lower Lipata, Minglanilla with the distribution of 20 liters filled potable water in a blue container supplied by Rotary International District 3860, while **WAVE 8** happened at Basak Community Night High School where we also distributed 2nd batch of 20 liters filled potable water and pillows. The recipients were students who were survivors of a fire that burned down an entire community, and who, at the same time, were also survivors of the recent Super Typhoon.

December 2021 truly had a lot of devastation, difficulties, and challenges. Despite these, I am proud to say that our Club stayed true to the Rotary's motto: **“Service Above Self”** and went out to serve our communities in Cebu. We capped off 2021 with so much service activities that perhaps, we can truly be recognized as People of Action.

*Cheers!
Kit*



Mary Christine L. Chua
PRESIDENT RY 2021-2022

RCBM

STRONGER @
25
SHARING LOVE & TOUCHING LIVES



Banilad Metro Rotary Club |  **SERVE TO CHANGE LIVES**

JANUARY ACTIVITIES

RY 2021 - 2022

Banilad Metro Rotary Club

Rotary District 3860

Banilad Metro-Community Based Rotaract Club

OPLAN R.E.L.I.E.F - WAVE 8 (REcovery for Livable Communities and Enhanced Future) | JANUARY 2, 2022



DISTRIBUTION OF 20L POTABLE WATER FILLED CONTAINERS & PILLOWS TO MAMBALING FIRE VICTIMS STUDENTS SETTLING IN BASAK COMMUNITY HIGH SCHOOL.

Banilad Metro Rotary Club

Rotary District 3860

Banilad Metro-Community Based Rotaract Club

OPLAN R.E.L.I.E.F - WAVE 7 (REcovery for Livable Communities and Enhanced Future) | JANUARY 2, 2022



DISTRIBUTION OF 20L POTABLE WATER FILLED CONTAINER TO SITIO FATIMA, LOWER LIPATA, MINGLANILLA



ROSTER OF MEMBERS ROTARY YEAR 2021-2022

EDGAR ALLAN C. ASTROLOGO

President / General Manager
Get Access Printshop & Multimedia Rental Services
Classification: Digital Printshop / Sales & Advertising

CATHERINE R. ATILLO

Chief Operating Officer
Travelers' Home / PSA Realty Corporation
Classification: Hospitality Industry

PABLITO "Lito" F. AQUINO

Managing Director
Filipinas Organic Coconut Product
Classification: Organic & Fairtrade
Virgin Coconut Oil Manufacture

MICHAEL LORENZO BALANKIG

CEO
Renz Kitchen and Catering Services
Classification: Executive Chef

RICARDO "Ricky" R. BALLESTEROS

Proprietor/Managing Director
Excel Events Concepts
Classification: Events Management

HANNAH R. CADAVERO

Principal Real Estate Broker/President
MX Realty Services
Classification: Real Estate Brokerage

MA. CHONITA "Chona" RIVERA-CEJAS

HR, Coach, Consultant, Contractor
Classification: Human Resources & Outsourcing

MARY CHRISTINE "Kit" L. CHUA

Senior Assistant Vice President
Security Bank Corporation
Classification : Banking

ENGR. JOSELO "Jo" B. CIMA FRANCA

General Manager
JBC Interior Motives Design & Works
Classification: Customized Modular Cabinets

AR. AIMEE ANN G. COMALING

Sales and Marketing Head
SNADS Trading & Printing Services
Classification: Printing Services

ATTY. FLORNELIO "Nel" S. EDIZA

Ediza Law Office
Classification: Contracts & Compliance

AR. MICHAEL ANGELO "Mike" A. ENAD

CEO/Managing Owner
Oneconstruct Design & Build
Classification : Small Scale Construction

RUSSEL VEE ESPANOLA

Managing Owner
Alpha Glass and Aluminum Supply Corp
Classification : Glass and Aluminum

EMMANUEL "Emman" M. HERNANDEZ

Public Relations Coordinator
Regina Coeli NGO
Classification: Non-government Organization

AR. JASPER M. MAMAC

CEO/President
Mamac Mendoza Design and Dev't Corp
Classification: Large Scale Construction

(continuation)

ANTON AARON V. MANSUETO

Managing Owner
Glynis Entertainment Services
Classification: Entertainment, Lights & Sounds

RAFAEL "Mandy" Y. MEDEL

Managing Owner
Zerapest Control Services
Classification: Pest Control

AR. CHESSA MARIE D. PALES

Principal Architect
Pales Architectural Design & Interiors
Classification: Architectural & Interior Design

MAE FLORENCE PEPINO

Corp Planning Department Head/Quality System
Management Representative
Concrete Stone Corporation
Classification : Construction Commercial

ATTY. RHELAND S. SERVACIO

Lawyer
Classification : Litigation & Dispute
Resolution; Taxation

ESTELA T. SIBOA

Financial Wealth Manager
FWD Life Insurance
Classification : Life Insurance

ATTY. RICO V. TAUTHO

Vice President
Meadowland Developers Inc.
Classification : Development of Renewable Energy

VLADIMIR ROY "VLAD" VILLENA

Distributor Development Manager - Visayas Region
Del Monte Phils. Inc.
Classification : Food Service Industry

CLUB COMMITTEES

PUBLIC IMAGE

Rtn. Aimee Comaling
PE Emmanuel Hernandez
Rtn. Mae Pepino
Rtn. Nel Ediza
PP. Ricky Ballesteros
Sec Chessa Pales
Treas. Michael Enad
Rtn. Rheland Servacio
Rtn. Anton Mansueto

INTERNATIONAL SERVICE

PP Ricky Ballesteros
PP Chona Cejas

THE ROTARY FOUNDATION

IPAG Estela Siboa
PE Emman Hernandez



MARY CHRISTINE L. CHUA
President

YOUTH SERVICE

PE Emmanuel Hernandez
IPP Joselo Cimafranca
PP Chona Cejas
Rtn. Nel Ediza

GRANTS

PP Chona Cejas
IPP Joselo Cimafranca
Rtn. Nel Ediza

MEMBERSHIP

Rtn Anton Mansueto
Treas. Michael Enad
IPAG Estela Siboa
Sec Chessa Pales

COMMUNITY SERVICE

PROJECTS

PP Lito Aquino
IPP Joselo Cimafranca
Treas. Michael Enad
Rtn. Mae Pepino
Rtn. Catherine Attilo

FUND RAISING


PP Lito Aquino
IPP Joselo Cimafranca
Treas. Michael Enad

Rotary 

THE FOUR-WAY TEST
of the things we think, say or do

- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIPS**?
- 4 Will it be **BENEFICIAL** to all concerned?

Russell-Hampton Co. Item #R89805M

Rotary 

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1 The development of acquaintance as an opportunity for service;
- 2 High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- 3 The application of the ideal of service in each Rotarian's personal, business, and community life;
- 4 The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

MISSION

WE CAN CREATE A LASTING IMPACT;

- > By attaining ambitious yet achievable roles to influence chosen communities;
- > Believing in the Life Purpose of Giving and Sharing and living by the principles and values that accelerate our progress together;
- > Building a viable base to sustain success in service
- > Being committed to deliver excellence.
- > Becoming Bigger and Better

ROTARY CLUB OF BANILAD METRO

RY 2021 - 2022



VISION

BE
*the club of choice
of executional excellence
in dynamic community service*

“Stronger At 25: Sharing Love and Touching Lives”





Respect.

We RECOGNIZE and celebrate the uniqueness and diversity of talents, experiences, perspectives of everyone and treat our participants, patrons, and each other with sensitivity. We value everyone for his words, actions, thoughts and aspirations.

Collaboration.

We are kind, CARING, to people we encounter. We work together and achieve more.

Boldness.

We bring out the BEST in everyone. We are a top club BRAND that people love and prefer to BELONG.

Agility.

We are fast and focused. We move as we speak. We speed-up as we succeed. We are hands-on proactivators. We adapt quickly in rapid change amidst ambiguity.

Network.

We are a web connection of fun and passion. We energize, engage and inspire one another. We like to be a source of human fuel. We like to laugh. It makes the service tasks enjoyable while connecting beyond the usual.

Involvement.

We are open and actively engaged; we participate, we contribute, we immerse with our programs and our service communities

Leadership.

Our course to change a better future.

Accessibility.

Being present. Being open and transparent

Delight & Do

the right thing.

Values

CITY CLOU 世纪汇





Mamac Mendoza Bldg, Babag 2, Lapu-Lapu City
CONTACT NUMBER: +63917 3197200



MAMAC MENDOZA

DESIGN & DEVELOPMENT CORPORATION

Mamac Mendoza Design and Development Corporation is a Filipino owned Company, established in the late 2000. The company is primarily engaged in the design and construction of medium-end to high end residential houses and commercial buildings and offices. It is proud of its expertise and wide experience in General Construction, Architectural Design, Construction Management, Structural Design, Construction Supervision, Detailed Civil Works, Landscaping and more.

privileged to develop his skills in most aspects of the architectural practice as a draftsman, junior designer, project/site inspector and estimator. This was followed by a stint as a marketing assistant/consultant in a tile shop company. Having learned to diversify and acquire a degree of versatility, he moved on to become the in house architect of a prominent company in the country where he designed showrooms and commercial spaces as well as school expansions nationwide.



Armed with sufficient experience and expertise, he put up his small architectural office specializing in architectural interiors. His projects ranged from simple residential interiors, renovations and other commissions.

Like all other beginnings, the company struggled but steadfastly created techniques and market differentiation to survive in this mature industry. From repairs, to restoration, and from small to major projects, the tenacity of the team's spirit lives on. The roster of completed and ongoing projects gives an epitome that the group will continue to deliver quality projects within schedule and budget.

The Company is managed and run by a dynamic team of young, highly qualified, competent, experienced and upright professionals in the fields of engineering, architecture and construction, ably supported by skilled and well trained construction manpower. Said team is effectively led by Ar. Jasper Miranda Mamac, President and CEO. He belonged to Batch 2004 of graduates from the Cebu Institute of Technology where he earned his Bachelor of Science in Architecture. Even before passing the board exams for architects in 2006, he was already earning valuable architectural skills through his apprenticeship with a well-known architectural firm in Cebu where he was



In just a short period of time, MMDDC built and established a trusted name and excellent reputation in the construction industry due to its worthiness and reliability as attested

to by its many foreign or abroad based customers, who have become highly-satisfied homeowners or building investors. These highly-satisfied customers simply relied on an open and transparent business relationship with MMDDC which is founded on Mutual Trust – the essential principle which bridges distance and absence as well as turns mere architectural drawings into elegant dream homes and/or income-generating building investments. The Company already expanded not only in Cebu City and the rest of Cebu province as well as in the Visayas and Mindanao regions.



MMDDC adheres to the philosophy that no two projects are alike, that quality is always better than quantity and that every project has its unique and distinctive features that meet the needs and preference of the end users. Constantly reinventing himself and experimenting on new ideas,



Architect Mamac, together with his wife Richel Mendoza Mamac, guide and motivate their team towards the realization of their clients' ideas and concepts. MMDDC believe that with the changing needs of clients, the company has to be "multi-faceted, dynamic, innovative and adaptable".



MAMAC MENDOZA BLDG, BABAG 2, LAPU-LAPU CITY
CONTACT NUMBERS: (032) 887-1352 | +63917 8818779

CALENDAR OF ACTIVITIES

RY 2021 - 2022

JULY

ROTARY YEAR BEGINS!

1ST GMM: JULY 13

- Introduction of AG Jensen Racho
- Presentation of the new BOD
- Presentation of RY calendar of activities
- Updates from Induction

JULY 11

- Project G.I.F.T (Community Pantry)

JULY 16

- Interact Kick-off Event

JULY 23

- Membership Orientation

♦ **Committee Chairs / Board Meeting, 1st week of the month**

2ND GMM: JULY 27

- Club Mission & Vision Statement
- Induction Matters
- Sponsorships
- Finalize Induction dry run for Induction

JULY 28

- District Bloodletting Activity

AUGUST

MEMBERSHIP MONTH

3RD GMM : AUGUST 10

- Introduction of Gov. Anna Bumagat

AUGUST 12

- Global Grant talk at Rotary Club of Cebu with Past President Bing Martinez

AUGUST 14

- MIB: Membership Seminar
- Interact Planning Meeting for Induction

AUGUST 15

Published All new RCBM Newsletter

AUGUST 21

- Literacy Project A.R.A.L.

AUGUST 23

Learning the Basics

4TH GMM : AUGUST 24

- Fellowship with Rotary Club of Khuanlang-Hatyai (Thailand)

SEPTEMBER

BASIC EDUCATION AND LITERACY MONTH

"VACtoNormal : Road to Recovery Initiatives"

SEPTEMBER 1

- Launching of Club Youtube & Instagram Account

SEPTEMBER 4

- Grant Seminar (District)

SEPTEMBER 7

BOD meeting

SEPTEMBER 8

RCC MOA singing

SEPTEMBER 9

- Hanging of 3 Streamers re Rotary People of Action Membership Drive & Covid 19 Vaccination Campaign

SEPTEMBER 11

- 3rd ACOM
- Project Dakila (Bariil District Hospital & San Fernando Municipal Hall)
- Event Committee Meeting

SEPTEMBER 12

- SONG FOR A CAUSE Fundraising Drive

5TH GMM: SEPTEMBER 14

- COVID 19: DELTA LAMBDA & MU VARIANTS, ITS EFFECTS & HEALTH MANAGEMENT

SEPTEMBER 25

- Laban Labangon : love gift to Sitio Labsalex fire victims

SEPTEMBER 26

- Orientation & Election of charter officers & members (RCC of Guba)

6TH GMM: SEPTEMBER 28

- IMPORTANCE OF COVID 19 VACCINATION & ITS IMPLICATION ON THE YOUNG, ELDERLY & PERSONS WITH COMORBIDITY

OCTOBER

ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

OCTOBER 2

- RCBM Pres as Emcee for 4TH ACOM
- Mental Health Webinar

OCTOBER 6

- Club 7th GMM

OCTOBER 9

- ♦ **25TH CHARTER INDUCTION & HANDOVER CEREMONY**

OCTOBER 14

- Interact Club of Banilad Metro Charter Induction Ceremony

OCTOBER 16 - 17

- Ryla Bootcamp

8TH GMM: OCTOBER 19

- The TRF Talk by PAG/GSC Stephen Chian

OCTOBER 22

- Think PINK ToGetHer talk by Dr Noemi ALSAY Uy

- One Pink October Awareness Campaign

OCTOBER 23

- District Public Image Seminar

OCTOBER 24

- World Polio Day Area 1C Rotary Day of Service

OCTOBER 28

- Rotaract Meeting with ADRR Shevee Resolado & New Rotaract Recruits

NOVEMBER

THE ROTARY FOUNDATION MONTH

NOVEMBER 4

- ACOM with DG Anna

- District Governor Visit on Club 9th GMM Induction of 1 New Rotarian Club Fellowship

NOVEMBER 7

- Operation Tuli & Turnover of Antibiotics & Vitamins at BARANGAY Cogon, Compostela, Cebu

NOVEMBER 13

- My Bonita Home for Girls - Turnover of Pillows, Vitamins & Antibiotics

- Lunch Fellowship @ Circa 1900

- DISTRICT TRF AWARD Ceremony

NOVEMBER 14

- BASIC Orientation Seminar for future Rotaractors

10TH GMM: NOVEMBER 24

- Celebrate PHF Club

NOVEMBER 27

- Aksyon Proteksyon at Life INSPIRED birthing homes, Pit-os, Talamban & Guba Community Hospital
- Project Papel at Mangabon Elementary School & Lusaran Elementary School

NOVEMBER 28

- We Care We Share to Ati Tribe at Sitio Buyo, South Poblacion, Naga City

NOVEMBER 30

- Rotaract Getting to know each other at Yellow Cab Pizza

BIRTHDAY FELLOWSHIP WITH PAST PRESIDENTS

DECEMBER

DISEASE PREVENTION & TREATMENT MONTH

DECEMBER 4

- Project Dakila Wave 2 - Reavo Cebu Chapter - - Donation of oxygen mask- Neonatal, Pedia & adult, pillows, vitamins & antibiotic

11TH GMM : DECEMBER 7

- With Golden Topper onnthmprelaunching. Of EL Sol Seagrove

DECEMBER 14

- Toy Drive & jollibee lunch party with Barangay Ermita Street children in partnership with MERCY Worldwide

DECEMBER 16

- Handog sa kapaskuhan to Missionary of Charity malnourished children in Pasil with Interact Club of Banilad Metro

DECEMBER 19

- OPLAN R.E.L.I.E.F REcovery for Llvable Communities and Enhanced Future (wave 1) on Odette Aftermath at Palmas Verded Chapel, Tabok Mandaue - turnover of relief donations to 100 typhoon families evacuees

DECEMBER 22

- Repacking of relief goods for 200 super typhoon odette victims in partnership. With RC Manila Magic spearheaded by RCBM Pres & Rotaract Club of BM At Sundance Court

DECEMBER 23

- REcovery for Llvable Communities and Enhanced Future (wave 2) at Purok lower 3 Camputhaw in partnership with RC Manila Magic & joined by rotaractors-distribution of relief goods to 100 families who lost hreor houses & lining up early am for water supply

DECEMBER 24

- REcovery for Llvable Communities and Enhanced Future (wave 3) in partnership RC Manila Magic & Rotaract Club of Banilad Metro at Kintolimbo, sacred heart hills, Capitol site

- Feeding of 140 street children with Bacolod Chicken Inasal spearheaded by newest rotarian Mandy Medel

DECEMBER 25

- OPLAN R.E.L.I.E.F REcovery for Llvable Communities and Enhanced Future (wave 4) At Barangay Punta Princesa with Rotaract Club of Banilad Metro - distribution of relief goods Banilad Metro at Kintolimbo, sacred heart hills, Capitol Site

DECEMBER 30

- Feeding of lineman & garbage collectors spearheaded by Sec Chessa sponsored rotarian Roy

- 2022 -

JANUARY

VOCATIONAL SERVICE MONTH

JANUARY 3

- OPLAN R.E.L.I.E.F REcovery for Llvable Communities and Enhanced Future (wave 5) at Sitio Fatima, Lower Lipata, Minglanilla - distribution of 20L potable water supplied by district 3860

• OPLAN R.E.L.I.E.F

- REcovery for Llvable Communities and Enhanced Future (wave 6) at Basak Community Night High School fire victims students - distribution of 20L potable water & pillows fire victims students

JANUARY 9

- Basic Organic Farming Talk with Minglanilla Folks

13TH GMM: JANUARY 12

- 2nd Classification Talk

14TH GMM: JANUARY 26

- New Area of Focus: 3rd Classification Talk

- (TBD) Go Green - Planting BaniladTrees

- (TBD) Project AKAP

FEBRUARY

PEACE AND CONFLICT PREVENTION/ RESOLUTION MONTH

FEBRUARY 11 & 13

- Ayala Cebu LOVE DUO

FEBRUARY 12

- Golf Tournament

15TH GMM:

- Peace and Conflict, with the US Peace Corps
- District Event, with outside speaker from the US Peace Corps of PE EmmanHernandez

- Valentines Day Busking of Membership Director Anton Mansueto
- Love Month Fellowship of Mae Florence Pepino
- Rotary Week Motorcade
- (TBD)Traffic Signages & Banners in collaboration with LTO of Public Image Committee
- (TBD) awarding of outstanding PNP's

16TH GMM

- Human Trafficking partner, w/ Regina Coeli
- PETS SETS

MARCH

WATER AND SANITATION MONTH

17TH GMM

- Classification Talk
- (TBD) RCC Guba, Wash basins from District Grant (both may be earlier than March 2022)
- Revisit water and sanitation projects if done
- (TBD) cooking demo for livelihood project
- (TBD) Cleft Lip Project
- (TBD) Sea Cucumber Project

18TH GMM

- 6th Classification Talk

APRIL

MATERNAL AND CHILD HEALTH MONTH

19TH GMM

- Revisit Cleft Lip Operation - testimony of the children and mothers
- (TBD) Dental outreach project of Rotarian
- (TBD) Project F.E.E.D to PasilHomeless children

20TH GMM

- (TBD) Cooking Demo of PRO Mae Florence B. Pepino

MAY

YOUTH SERVICE MONTH

21TH GMM

- Interact and Rotaract Project Collaborations of PE Emman Hernandez

22ST GMM

- DISTAS (District Training) 2022

JUNE

FELLOWSHIP MONTH

23RD GMM

- DISCON (District Convention) 2022

24TH GMM

- Strategic planning
- Planning for Induction

IT'S TIME TO LEARN TO SAY NO

Rtn. Mae Pepino

Many people have made such a mess of their lives because of pursuing the wrong things. The world has given us so many things to desire. A lot of things and distractions call for our attention. A lifetime is not enough to do the things the world dictates us to do if we want to do it all.

Are you like most people who are 'crazy busy' these days?

'Being busy' is what most people say as an excuse for 'not praying', for 'not calling a loved one', for 'not spending time with family', for 'not paying attention to one's health', for not 'being there at the moment'.

Work has become the number one reason why people call themselves 'busy' these days. Another reason is 'saying Yes' all the time to 'all things'. Being a yes man is dangerous as one will be consumed by doing so many things that it is hard to distinguish anymore if what we are doing are even worth doing. Pursuing success, fame, and popularity can also be factors why most people are spreading themselves too thinly.

In the end, people become tired and burned out and life is not worth living anymore. Why do people find themselves entangled in this mess all the time? Why are most people so exhausted all the time?

As what the wise say, 'it all boils down to priorities'. Most of us do not know what our priorities are. A lot too may have given priorities to the wrong things.

What is the correct order of priorities?

The church has always been clear with this advice. As Christians, this should be our order of priorities:

1. **God**
2. **Spouse**
3. **Children**
4. **Work**
5. **Ministry**
6. **Others**

As what Stephen Covey said, we should focus on the 'Big Rocks' first so that all the other small rocks will fit in. If we fill our life with small things, then we will no longer have time for the big things. The first 6 things I mentioned should be our 'big rocks'.

If you find yourself tired and exhausted all the time, if you find yourself always saying sorry for missing out important things with your loved ones, if you have been pursuing the wrong things, it is time to stop and reassess your priorities.

Life is not meant to be lived hurriedly. What use is it to kill yourself from working too hard and pleasing others, when we no longer enjoy our family and our loved ones.

We have to enjoy life and the only way to enjoy it is being selective on the things we do. WE have to learn to say NO to a lot of things, and only say YES to the things that matter.

"So what profits a man if he gains the whole world but loses his soul? **Mark 8:36**

" Seek first the kingdom of God and everything shall be added unto you". **Matthew 6:33**

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2. **KINDNESS:** I don't know if the person I am near has a child battling cancer, or cares for their elderly mom. While I might be fine, they might not.
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STEP 2

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STEP 3

sprinkle with pepper. Optional add garlic and rosemary



STEP 4

pour a small amount of oil and sear steaks over high heat for over 2 mins. on each side, then reduce to medium heat. Continue flipping until you reach your preferred doneness



STEP 5

transfer the steak to a plate and let it rest for 5 mins.



STEP 6

add more seasoning as desired and enjoy. Enjoy!



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